



7566 N La Cholla Blvd Suite B Tucson, AZ 85741

Dr D Halflyte Prep

- Purchase Dulcolax(bisacodyl) stimulant laxative tablets over the counter.

Day prior to Procedure:

A low residue breakfast is permitted. Acceptable food list attached.

After breakfast clear liquids only:

- Clear bouillon, broth, tea, & coffee (without milk or cream)
- Crystal Light, Gatorade, & carbonated drinks (including dark cola)
- Apple & White grape juice, Popsicles, & Jell-O
- Do not have anything: purple, red, or orange in color

Bowel Prep Instructions:

- 12:00 noon take 4 Dulcolax tablets.
- Additional clear liquids must be consumed for preparation to be effective.
- 2:00pm-4:00pm Drink an 8oz. glass of prep medication every 15-20 minutes until half is completed. If stool is transparent after half is completed, remaining medication may be discarded. If stool is still solid continue until transparent.

Day of the Procedure:

- Driver must be present at check in and is required to stay for procedure duration.
- Patient may use a medical taxi or transportation provided through insurance.
- Bring a list of current medications.
- Take medications for your heart, blood pressure, pain, anxiety, seizure, and thyroid. Do not take diabetic medications.

You may have clear liquids until _____ Nothing by mouth after this time.

Procedure date: _____ Check in time: _____.

Note: Should you need to reschedule or cancel your procedure please call our office at 520-742-4139.