



7566 N La Cholla Blvd Suite B Tucson, AZ 85741

## Colonoscopy: Half-Half Prep

### 5 Days Prior to Procedure:

- Begin low residue diet. Acceptable food list attached.

### Day Prior to Procedure:

Clear Liquids Only:

- Clear bouillon, broth, tea, & coffee (without milk or cream)
- Crystal Light, Gatorade, carbonated drinks (including dark cola)
- Apple & White grape juice, Popsicles, & Jell-O
- Do not have anything: purple, red, or orange in color.

### Bowel Prep Instructions:

- 4:00pm drink an 8oz. glass of bowel prep medication every 15-20 minutes until half gone.
- Refrigerate remaining medication overnight.
- Additional clear liquids must be consumed for preparation to be effective.

### Day of Procedure:

- Clear liquids only.

### Bowel Prep Instructions:

- 5:00am drink an 8oz. glass of remaining medication every 15-20 minutes until gone.
- Driver must be present at check in and is required to stay for procedure duration in surgery waiting area.
- Patient may use a medical taxi or transportation provided through insurance.
- Please bring a list of your current medications with you.
- Take medications for: heart, blood pressure, pain, anxiety, seizure, and thyroid. Do not take diabetic medications.

You may have clear liquids until \_\_\_\_\_. Nothing by mouth after this time.

Procedure date: \_\_\_\_\_ Check in time: \_\_\_\_\_

Note: Should you need to reschedule or cancel your procedure please call our office at 520-742-4139.