



your doctor will be during your examination. For decades the screening colonoscopy has been recognized as the most effective modality to prevent and detect colorectal cancer. By identifying and removing precancerous polyps (adenomas), colonoscopies save thousands of lives each year. Although gastroenterologists undergo the most extensive training in performing colonoscopies, their rates of polyp detection can vary significantly. When choosing your Top Doctor to preform your colonoscopy, look for a physician with an ADR of at least 25% in men and 15% in women. The higher the ADR the better. Research shows that for every 1% increase in a physician's ADR, your risk of colon cancer over the next year decreases by 3%.

Photo by Thomas Verschuuren

CONTACT INFORMATION: Northwest Office, 7566 N. La Cholla Blvd., Suite A, (520) 742-4139; Oro Valley Office: 1866 E. Innovation Park, (520) 989-7531; and Green Valley Office, 560 E. Continental Rd., (520) 639-7155; AZGastroenterology.com

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April 2024 / TUCSON LIFESTYLE 89

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Arizona Gastroenterology and Arizona Digestive Institute

When it comes to choosing a qualified gastroenterologist to perform your colonoscopy, there's one item that matters most: adenoma detection rate (ADR).

Arizona Gastroenterology proudly reported a 40.50% ADR rate collectively as group in 2021, and is striving to maintain that rate and exceed it for 2022.

ADR is a numeric value that represents the percentage of times your gastroenterologist detects a precancerous polyp during screening colonoscopies. This number is considered a benchmark of quality and care, as it indicates how thorough your doctor will be during your examination.

For decades, the screening colonoscopy has been recognized as the most effective modality to prevent and detect colorectal cancer. By identifying and removing precancerous polyps (adenomas), colonoscopies save thousands of lives each year. Regularly scheduled screening colonoscopies are crucial for

adults aged 45 and older. However, it's important to note that the effectiveness and quality of each colonoscopy varies from doctor to doctor.

Although gastroenterologists undergo the most extensive training in performing colonoscopies, their rates of polyp detection can vary significantly. When interviewing gastroenterologists to perform your procedure, look for a physician with an ADR of at least 25% in men and 15% in women. The higher the ADR, the better. Research shows that for every 1% increase in a physician's ADR, your risk of developing colon cancer over the next year decreases by 3%.

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MARCH

COLON
CANCER

Awareness Month



LEADING CAUSE OF CANCER DEATH

COLORECTAL CANCER PREVENTION:
GET SCREENED



SURVIVAL RATE WHEN
CANCER IS FOUND
AND TREATED EARLY



Larissa Allen, M.D.



Scott Blinkoff, M.D.



Bryan Contreras, M.D.



Frederick Klein, M.D.



Gary Monash, M.D.



Leon Tsai, M.D.



Kavitha Tipirneni, D.O.



OF COLON CANCER
DEATHS COULD BE
PREVENTED WITH
SCREENING

THE AGE THAT
THE AMERICAN
CANCER SOCIETY
RECOMMENDS
AVERAGE-RISK
PEOPLE START
SCREENING IS

45

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Arizona Gastroenterology & the Arizona Digestive Institute are proud to celebrate 40 years of caring for Tucson



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